



# Cool Kid Star

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**DIRECTIONS:** Follow the **FIRST, THEN, NEXT, LAST** steps below.

**FIRST,** take a deep breath, and think of a reason you are proud of yourself, like for being a good sibling or trying your best in school.

**THEN,** complete the sentence below by filling in the blank with a positive word or phrase.

**NEXT,** write your name in the center of the star.

**LAST,** decorate your star with positive adjectives about yourself.

I am a cool kid because I \_\_\_\_\_ !

